

Court Safety and Etiquette

Safety

1. If you have any concerns about your physical ability to play Pickleball, consult your physician prior to playing.
2. Play in appropriate attire - *court shoes (indoor or outdoor), loose clothing, shorts, t-shirt, sweat towel, protective eyewear.*
3. Bring a water bottle and any type of loose snack. It is important to stay hydrated and have enough nutrition while playing.
4. Always stretch, warm up before play to reduce risk of injury and prepare for activity. Always stretch and cool down after playing to reduce risk of injury.
5. **NEVER** run backwards. If a shot goes over your head, pivot or turn around to chase the ball.
6. Never chase another ball onto court without looking. When a ball goes into another court, call "BALL ON COURT" immediately to stop play. Raise your hand indicating it is your ball and wait for it to be returned to you.
7. If a ball comes onto your court, stop play and pick up the ball and return it to the person indicating with their hand up. Never push the ball with your paddle over to the next court.
8. If you are waiting to cross to a different court, wait until the play has finished and always cross at the back of the court. Not in the middle.
9. On indoor courts, be conscious if courts are not well kept (slippery from a spill, not swept)
10. On our outdoor courts, suspend play if the surface becomes moist from any spills and contact the front desk for assistance.
11. If you have any eyesight issues, wear a hat, glasses, or any type of protective eyewear needed.
12. If an injury or someone falls on court during play, immediately stop all play.

Etiquette

1. Always be friendly, cheerful to other people on court.
2. Always introduce yourself to other players on court.
3. Use appropriate language and body language on court.
4. Players should call their lines on their court. Do not dispute an opponent's call.
5. Play with honesty and integrity.
6. If you and your teammate cannot agree on a call, the call is beneficial to the opponents (considered "in").
7. Each server must call the score before serving. If we are unsure of the score we can ask our teammate.
8. Have respect for your teammate and opponents when playing.
9. During 'round robin' more experienced players should play at a level to challenge and not overwhelm less experienced players.
10. At the end of the game- players should tap paddles over the net and thank each other for the game.
11. If any barriers, benches, coat hangers, garbage cans or other equipment were used, players should return back to their appropriate position afterwards. Players should not pocket pickleballs if they are not theirs.
12. Do not gossip on or off court in a pickleball facility.
13. Be conscious of your court start time and end time. Players should not be staying on court later than their booking without approval.